

contact

For families
with disabled children



DO YOU CARE FOR A YOUNG DISABLED PERSON IN NE LINCOLNSHIRE?

Join us for a **FREE** workshop on **Growing up, sex
and relationships**

Learn how to prepare your child for puberty and adolescence, and how to
support them to navigate this confusing time

**Discussing puberty | Developing self-esteem
Contraception | Sex and relationships**

Monday 29 January, 9.30 – 11.30 am

[Register for your place on Eventbrite](#)



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