

EduSleep

A Primary Education Project Funded by Humber Transforming Care Partnership

Aimed at SENCO's, Well-Being staff and Yr 6 Teachers.

Also other teaching staff who may teach Yr 6 pupils in the future.

Flexible free training that fits around the demands of school life.

Our Intention...

We have developed a face-to-face training & integrated working strategy that works in harmony with the many demands that teaching staff encounter daily.

Our aim is to help schools improve attendance figures, punctuality, engagement and educational attainment. We do this through training & ongoing support, to raise staff awareness of how improved sleep can enhance and transform children's learning and well-being. This is especially poignant in the case of children who have additional support needs, such as those with SEND.

Our training covers:

- Staff awareness of sleep issues affecting primary school children.
- Helping teams develop a consistent school approach that aims to identify sleep issues and proactively address with child & parents.
- Understanding of sleep and the relationship with children who have SEND.
- Contextualising sleep awareness and links to the SEND Code of Practice and the Education Inspection Framework.
- The referral pathway and further specialist support.

To enquire about booking training, please contact: sleepservicenorthandnel@kids.org.uk

