

Information about Joining the Dynamic Support Register

This easy read leaflet is about the Dynamic Support Register



This easy read leaflet is for people with learning disabilities, Autism or both who might be at risk of going into a specialist hospital because of a mental health problem or behaviour which is seen as challenging.



It is also for family carers and other people who can support you to understand what the register is about and if it's right for you.



The Dynamic Support Register is about helping you to get the right care and treatment in your community whenever possible, by working with you and those who support you.



Most people with mental health problems or challenging behaviour can live well in the community and may never need to go into a specialist hospital for assessment or treatment.

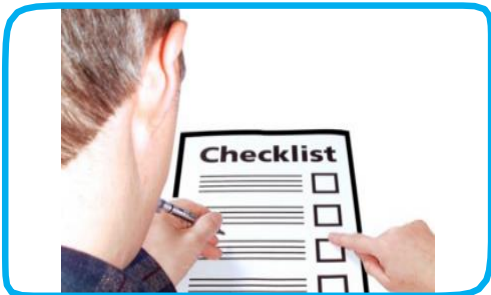


But if you experience a difficult time and your current care is not meeting your needs, you and people who support you will need to think about what extra support you may need.



Often this support can be given locally in the community but sometimes people need to go into a specialist hospital to get better. This form is about making sure you are included in decisions.

What is the Dynamic Support Register?



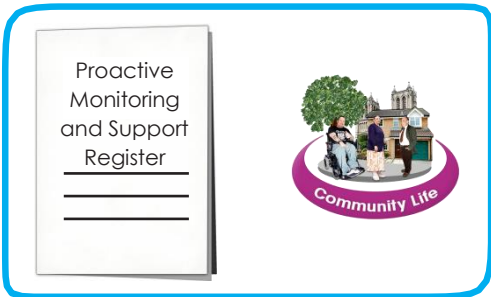
The register is about being able to respond quickly if someone's care isn't meeting their needs and what changes can be made to help with this and to stop people reaching crisis point. It helps services work with you to decide what support you may need.



This leaflet gives you information about the register



Specialist hospitals can be a long way from your home. Sometimes you may need to spend a long time in hospital.



The register is one of the local changes that is happening to help more people get the support they need to stay in the community.

What are the good things about joining the register?



The register is about helping you to get the right support as fast as possible, if you ever need it.



This is because services will know what extra help and support you might need and can plan your support around this. You will be involved in planning your care and support.

What if I don't want to join?



You will still get support if you need it, but if services do not already know about you, this may affect how much support you will get at the time and how long this support may take to arrange.



This is because services need more time to plan urgent care.

Is it right for me?



It is a good idea to talk to people who understand your support needs. They will help you understand what the register is about and help you decide if it's right for you.

What happens when I am on the register?



If you are on the register this means the people who pay for your care can work together and more quickly to think about the support they can offer should your needs increase.



If you are at risk of going into hospital, we will invite you to have a Care and Treatment Review, called a Community CTR. This should happen before any decisions are made about whether hospital care is right for you.



A CTR looks at why you might need to go into hospital and whether extra support can be given in the community instead. It helps you and your care team plan for the support you need in the place you need it.

How your care coordinator can help



You can talk to your care coordinator if you aren't sure about anything, or if you want to change your mind about being on the register. You can add the care coordinator's details in the table below.

	<p>My care coordinator is:</p>	
	<p>Mobile phone number:</p>	
	<p>Office telephone number:</p>	

What is consent and why do we need it?



Consent is about understanding the facts so you can decide what's right for you. A person's details only go on the register if consent has been given.



About consent:

- you can change your mind at any time
- you can find out what information is being held about you

What will happen to my information?



Your personal information will be kept in a safe place by your NHS CCG (NHS Clinical Commissioning Group) and it will only be shared with people who provide your care now or in the future.



This information helps health and social care teams understand what difference the register is making in children and young people's lives and provide the right kind of services.

What kind of information will be held?

The information will depend on your care and support needs. But usually it will include information about:

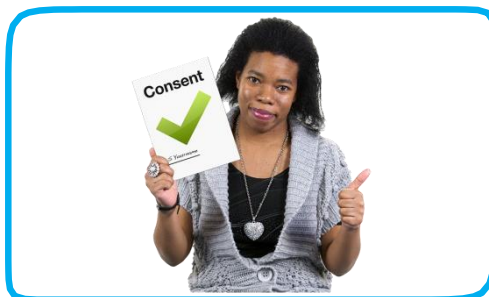


- Current care and treatment
- Your health including mental health
- Any current health and care plans
- Where you live and who you live with
- Your name and date of birth
- Anything else people need to know to keep you safe



Next steps – giving your consent!

Have you understood the information in this document?



If so, and you are happy – you do not need to do anything. If you do not wish your information to be held on the DSR, please let your care coordinator or social worker know.